

### mGAP Update Week of Dec 18, 2022

This mGAP newsletter includes timely updates for Montclair's community of older residents.

*Please note: the deadline for submission of [NJ Anchor](#) tax relief has been extended to January 31, 2023.*

[Take our Opinion Survey](#)

### Join Our Campaign to Make Montclair Age Friendlier

On Thursday, December 1, 2022, the [Montclair Local](#) headlined an article reflecting the work of mGAP to recruit a brigade of volunteers to confront community issues. We must all take action to identify service **GAPS** that frustrate **smart and active** aging in place. Share your thoughts by filling out [Opinion Survey](#) now.

[Donate to mGAP Today](#)

[Amazon Smile Donations](#)

End-of-Year Fund Raising Message from our VP for Development

Dear Friends,

The results of our **Giving Tuesday** campaign are in, and I'm pleased to report that we received \$4000 in donations. Our *end-of-the-year* goal is \$8000.

In 2022, we undertook our "Campaign for Digital Equity," offering tech training to older residents who need it. To address this issue, we formed relationships with other organizations concerned with this issue, such as the Montclair Public Library, Lifelong Montclair, Montclair Women's Club, and the Do Drop In. At the same time, we have joined efforts to increase the availability of financially sustainable housing for our senior citizens, because how can you "age in place" if you don't have a place? Our efforts to create a new, more permissive town statute allowing homeowners to add "Accessory Dwelling Units" (ADUs) on their properties is nearing final Town Council adoption.

And we still insist that Montclair should not stand alone in lacking a physical senior citizens center. We demand budgetary equity to meet the needs of our constituency. (See above for recent article on our [Campaign to Make Montclair Age Friendlier](#).)

Please join us in these efforts - [volunteer](#), [donate](#), lend support now.

TIA, Frank Millsbaugh, VP for Development (86 y.o. and still planning ahead)


*(for full text of letter [click here](#))*



### COVID Prevention

The Montclair Health Department is providing covid-19 shots on the 1st and 3rd Tuesday each month, 9am - 12pm by appointment (973-509-4970) - walk-ins are also welcomed.

The U.S. will offer [free at-home Covid tests](#) this winter. [Click here to order](#). They will ship starting December 19, 2022.



### Gateway to Digital Equity


[Federal Affordable Connectivity Program](#) offers eligible citizens financial support for broadband expenses.

[SmartSeniors/TECH@ \(SS/ST\)](#): Learn how to navigate in the virtual world from our volunteer GTEAM.



### Top Benefits to Aging in Place

**mGap** compiled [15 benefits to Aging in Place](#). Check them out ....



### 5 Recommended Apps for Senior Citizen To Use on Smartphones

*This week mGap's GTEAM earmarked the following [5 critical Apps](#) for cell phone use ...*

Montclair Gateway to Aging in Place is a 501 (c) (3) tax exempt charitable organization that survives on donations. Help us continue to serve you.

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