**mGAP Update Week of May 28, 2023**

This mGAP newsletter includes timely updates for Montclair’s community of older residents.

**HAPPY MEMORIAL DAY**

**Montclair Welcomes Judy Hurley, New Township Director of Senior Services**

Montclair resident Judy Hurley has joined the Township in a unique role as Director of Senior Services. Ms. Hurley has an undergraduate degree in social work and graduate credentials in non-profit administration. At last Wednesday’s “meet-and-greet” for montclairers, several seniors chatted in person with Ms. Hurley. With each conversation, Ms. Hurley made it a point to ask each senior in attendance what their top priority for seniors was. Each person responded that Montclair needs a senior center, a place where they can meet other seniors.

**Proclamation recognizing May as Older Americans Month**

At the May 16, 2023 Montclair Township Council Meeting, the Township presented a Proclamation, recognizing May as Older Americans Month. Susan Craig, mGAP Secretary, and a representative group from other organizations received the Proclamation on behalf of our community. Then, Ms. Craig offered some pertinent remarks.

**Watch Susan Craig’s speech**

**MAAHF Parade is Back: Sat, June 3**

The Montclair African-American Heritage Foundation Parade is back at Nishuane Park, join us on Saturday, June 3rd, 2023 at High Street & Cedar Avenue, Montclair, NJ for this annual Festival.

**Woman to Woman: Inspiring Better Health – A Women’s Night Out**

This special event May 15th, 6pm - 9pm at Van Vleck Gardens, hosted by female physicians, focuses on a breadth of female health concerns and promote preventive care, early intervention and state-of-the-art treatment options.

**Essex County Legacies Writing Contest Recognizes John Falzer**

One of the great things about getting older is having the perspective to observe ourselves through a wider lens. Montclair resident John Falzer submitted his story “Morphine & The Fireman’s Wife” about a significant hospital experience, and earned an honorable mention in the 2023 Senior Citizen Legacies Writing Contest.

**Cut Property Taxes for NJ Seniors**

In Senator Craig Coughlin’s proposal, he asserts that “Under StayNJ, the state would provide a 50% credit on seniors’ property tax bills, capped at $10,000...”

**Montclair business enterprise offers discounted Senior Exercise class for ages 65 and older**

Senior Exercise class meets in person every Wednesday morning from 9:45 – 10:45 at the Specialized studios, 14 South Park Street in Montclair through June 21. The cost is $60 for the 12-week session. Tuition can be prorated for those who can’t make it to the full session.

**Wise Words for Wise Aging**

“Mothers are like glue. Even when you can’t see them, they’re still holding the family together.”

—Susan Galene

**mGAP Newsletter Archive**

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