Aging & Mental Health (online event)
On Tuesday, June 13, RWJBarnabas Health and partners will host an in-person conference to discuss mental health challenges as we age. Of special interest will be a discussion of the roles of Technology, Telehealth and Artificial intelligence that are transforming our health care industry.

Aging & Mental Health, Tuesday, June 13, 2023 from 8:00PM - 9:00PM... Continue Reading

Residential Rental Assistance Program
Attention renters! The Montclair Residential Rental Assistance Program opens June 9. This program provides temporary rental assistance to low- and moderate-income households affected by employment loss.

To participate, you must submit a pre-application. Link to additional information and pre-application form in Residential Rental Assistance Program flyer.

Montclair Public Library Offers SENIOR Programs and Services this Summer
Programs include: Drop-in Health Screenings; Hot Topics Discussions; Open Book/Open Mind; Pilates; Monday Movie Matinees, Link to flyer.

Law Points for Senior Citizens
The New Jersey State Bar Foundation has published an array of helpful pamphlets including: Law Points for Senior Citizens, Disability Law: A Legal Primer; Consumers Guide to the Law; and Avoiding Notario Fraud.

Some print versions can be ordered, others are available by download only, and some are also in Spanish, Braille and audio CD.

To view and order publications, click here.

Covid-19 Bivalent Vaccine now available Montclair Health Dept
The Montclair Health Department is offering COVID-19 vaccines at immunization clinics which are regularly held on the first and third Tuesdays of every month from 9:00 a.m. – 1:00 pm.

Next Date And Time
June 20, 9:00AM - 12:00PM
Location
Health Dept., Municipal Building, 205 Claremont Avenue, 3rd floor

To make an appointment call 973-509-4970 or email: mginter@montclairnjusa.org

Veggie Mobile Available at Clifton City Hall
City Green is once again bringing fresh, organically grown produce to the Clifton City Hall, 900 Clifton Ave., Clifton, NJ on Wednesdays from 2:30 to 4:30 pm.
Program will continue through summer and early fall until November 8, 2023.

Website: www.citygreenonline.org
Phone: 973-869-4086

Wise Words for Wise Aging
“Aging is not lost youth but a new stage of opportunity and strength.”
—Betty Friedan

mGAP Newsletter Archive
Want to check on an item you read in a previous Newsletter? Check out our Newsletter Archive.

Donate to Montclair Gateway to Aging in Place