mGAP Update Week of Aug 20, 2023
This mGAP newsletter includes timely updates for Montclair's community of older residents.

ANCHOR Tax Rebate: Eligibility Expands, Application Process Changes
Another 2 million homeowners and renters may be eligible to apply for the second year of the tax rebate program, which pays up to $1,500...
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Senior Centers Empower Older Adults to Paint a Bridge and Get on the Road to Happiness
No two senior centers are alike, but all serve as a place of connection, wellness, and essential services for all older adults. Celebrate National Senior Center Month this September and discover what senior centers have to offer...
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Top Challenges for Older Drivers
Older drivers face physical and cognitive challenges that can make operating a vehicle more difficult. Here’s how to overcome them...
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How States Can Use Medicaid to Address Housing Costs
Older drivers face physical and cognitive challenges that can make operating a vehicle more difficult. Here’s how to overcome them...
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Wise Words for Wise Aging
"By the time you’re eighty years old you’ve learned everything. You only have to remember it."
— George Burns (1896-1996)

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