



mGAP Update Week of Jan 21, 2024

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.



Intergenerational Celebration at Nishuane Elementary Honors Dr. King's Legacy

On Monday, January 15, 2024, **mGAP** organized its annual intergenerational educational program to honor Dr. Martin Luther King. This year **mGAP** partnered with Montclair's Nishuane and Hillside Schools. The theme of the presentation was "*Making a Difference When it Matters Most.*" ...

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Personal Reflections from a November 2023 Civil Rights Trip by Ann Lippel, mGAP President

Having been college students in the 1960's, my husband and I thought we had a very good handle on the struggle for voting rights by our liberal confreres. We marched, signed petitions and voted for folks who were on the right side of the struggle...

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SmartSeniors/SmartTech Training Schedule for 2024

Need to brush up your tech skills? **mGAP** Peer Coaches are ready to help you...

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America Is Aging Into a Housing Crisis for Older Adults

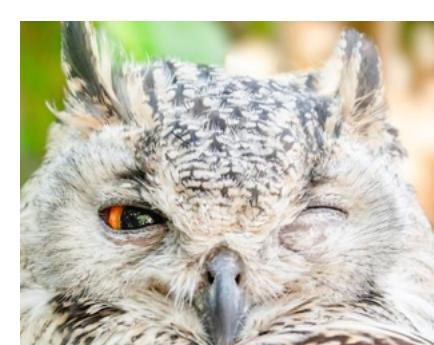
A new Harvard report highlights the housing challenges facing a fast-growing demographic amid the broader US affordability problem...

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Homelessness is Rising Among Our Generation of Modern Agers

If you know someone who is facing homelessness, you may be able to obtain supportive information at the 18th Annual Project Homeless Connect Event, Wednesday, January 24, 2024, 10 am - 2 pm at [Essex County College Gymnasium in Newark, NJ](#). (sponsored by Essex County) ...



Wise Words for Wise Aging

"As I started getting older, I realized, 'I'm so happy!' I didn't expect this! I wasn't happy when I was young."

Jane Fonda, actress

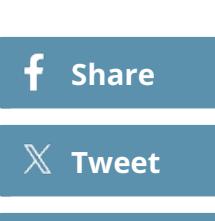


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