



mGAP Update Week of Dec 03, 2023

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.

🎄 'Tis the Season for [Donating](#) 🎄



In Memorium: James Eason

James Eason - **mGAP** Founding Member and Director of Special Events

It is with great sadness that we grieve the passing of James (Jim) Eason. A founding member of **mGAP** and a long-standing member of the Montclair Senior Citizen's Advisory Committee (SCAC) before that, Jim was a champion of age-friendly inclusion...

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Slower checkout option - "Chat Checkout" lanes

Tired of the self-checkout lanes in your supermarket? Dutch supermarket chain Jumbo's "chat checkout" lanes, which have recently expanded to more than 100 stores, may resonate in U.S. grocery stores as retailers look to reach an aging population ...

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ACL Your support is critical

The end of year calendar is interwoven with the spirit of giving and generosity,

If making a difference in the lives of modern elders means something to you, your support of **mGAP** now will help us build upon our 2023 successes and ensure our good work into 2024 and beyond ...

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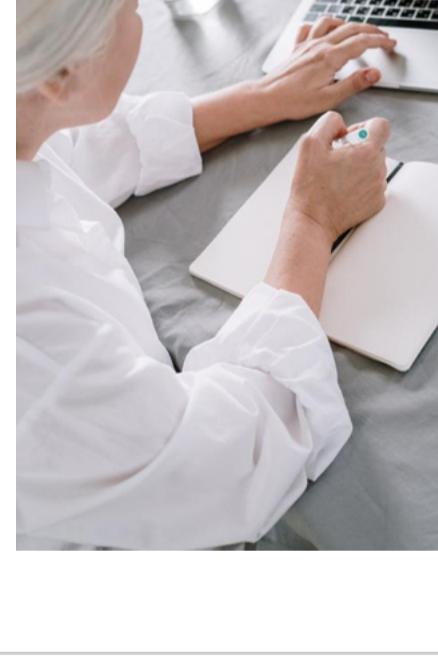


Senior Services Survey

The Montclair Department of Senior Services/Lifelong Montclair invites qualifying residents of Montclair to participate in its Montclair Township Resident Survey. Questionnaires are for residents ages 55 years and older!

"The Township of Montclair through the Department of Senior Services/Lifelong Montclair is committed to giving Montclair residents the opportunity to participate in planning and improving services for aging in place."

[Fill Out Survey](#)



Growing Our **mGAP** SmartSeniors/SmartTech Program

mGAP peer coach navigators are still here to help simplify the complexities of our digital world. Group classes with small breakout sessions will be held on Thursdays at the [Wally Choice Center](#) from 11am - 12pm beginning on January 18, 2024.

30-minute drop-in sessions continue on Tuesdays (3:30 - 4:30) at [Edgemont Park House](#) and Wednesdays (10:30 - noon) at the [Montclair Public Library](#). Each location will have sign-up information.

Note: As the SS/ST Program continues to grow, we are looking for more peer coaches. If you are interested in becoming a coach, please email us at support@montcairgateway.com



Wise Words for Wise Aging

"No one has ever become poor from [giving](#).

Anne Frank



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