



mGAP Update Week of Mar 17, 2024

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.



Watch for these 3 common Scams

Scammers work hard to win your trust, but they often give themselves away if you know what to look for ...

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What's the Story With Headlight Glare?

Newer LED headlights seem brighter and more blinding than their halogen predecessors. But change is on the way ...

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Newark Launches Senior Housing

Newark, NJ, officials break ground on transforming Terrell Homes into a senior living complex, highlighting affordable housing and sustainable urban development ...

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Wise Words for Wise Aging

"I don't see why there should be a point where everyone decides you're too old. I'm not too old, and until I decide I'm too old I'll never be too freaking old."

Lemmy Kilmister



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