

## mGAP Update Week of May 29, 2024

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.



### EZ Ryde4Life - 50% discount

Effective June 1, 2024, EZ Ride has updated its fare structure to further encourage program utilization. Participants will now pay a flat rate of \$5 per ride for trips costing \$35 or less. Any amount exceeding this limit will be the responsibility of the rider ...

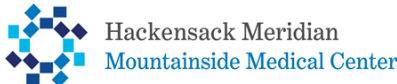
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## Medicare

### Medicare Offers Digital Handbook - Applicants Must Request by May 31, 2024

The U.S. Government is offering a digital version of its online handbook. The handbook is searchable so you can find what you need quickly ...

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### Mountainside June Calendar

All Events will take place at Mountainside Medical Center, Unless otherwise noted. To register, call 1-800-560-9990, or visit [www.mountainsidehosp.com/events](http://www.mountainsidehosp.com/events)

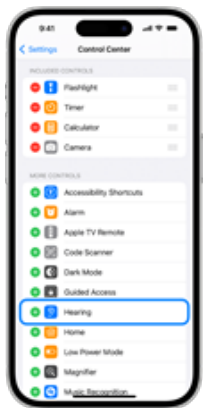
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### Montclair Video-Stream of Conversation of Your Life (COYL) Panel Discussion

There are conversations that we need to have as we age. **Frank Millspaugh**, Montclair Gateway to Aging in Place's VP For Development, working with the Township's Lifelong Montclair, organized a live **Conversation of Your Life** (COYL) panel discussion. If you missed the live presentation, you can view the video-stream ...

[Click To Watch](#)



### Your Phone is a Microphone

Apple's Live Listen feature can similarly turn an iPhone, iPad or iPod Touch into a directional remote microphone that lets you hear conversations in noisy environments. Once enabled in Settings, you can turn on Live Listen from the phone's Control Center ...

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### Wise Words for Wise Aging

*"In the end, it's not the years in your life that count. It's the life in your years."*

– Abraham Lincoln



### mGAP Newsletter Archive

Want to check on an item you read in a previous Newsletter? Check out our [Newsletter Archive](#).

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