



mGAP Update Week of June 2, 2024

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.



The Best Smart Home Devices to Help Aging in Place

The *NY Times Wirecutter* has spent years testing smart-home gear of every variety, and with the help of experts and device owners, compiled their collection of devices that are especially well suited to helping older adults live more independently ...

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Senior Law Day: Law & Information for Older Adults

Learn from experts about estate planning, advanced directives, government benefit programs, as well as what you need to know about the services available, how to seek out information about long-term care, and how to pay for it ...

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How a Dozen Smart Home Devices Allow One Savvy Septuagenarian to Age in Place

Anne Madison, 73, lives in a seniors community outside of Baltimore, Maryland. She also happens to be a big fan of smart-home devices, which is how we came to know her ...

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Wise Words for Wise Aging

"Age is something that doesn't matter... unless you are a cheese!"

- Billie Burke



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