



mGAP Update Week of Aug 11, 2024

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.



Recruiting VOLUNTEERS To Be Trained as Digital Navigators

If you are relatively comfortable with digital technology and want to help others take control of digital emergency messaging, click [here](#)

- You don't have to be an expert, just someone who knows the basics and is willing to learn
- Navigator group will meet weekly this fall
- Help and learn through the experience of peer-to-peer connection

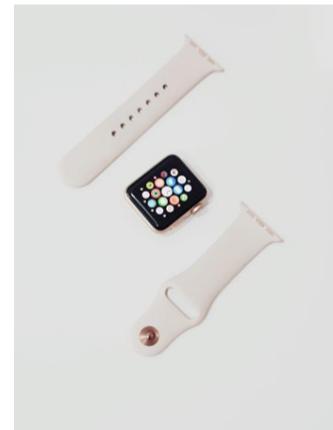
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19 Things You Didn't Know Your Smartphone Could Do

The Swiss Army knife of technology can replace the GPS, pedometer, even kitchen timer that you used to buy separately ...

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mGap Will Use \$10K Grant To Boost Seniors' Tech Skills

mGAP has been awarded a 2024 Partners for Health Foundation grant for \$10,000 to expand upon the recently awarded AARP Community Challenge grant that **mGAP** received. The combined funding will support the organization's digital navigation program which directly benefits our community's modern agers (age 50+ residents), facilitating access to digital communication, assistive technology and emergency alerts ...

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