# *m*GAP Update Week of Oct 6, 2024

**This *m*GAP newsletter includes timely updates for Montclair's community of older residents.**

🇺🇸 🇺🇸 **Don't Forget to VOTE** 🇺🇸 🇺🇸



## Kickoff of AARP/*m*GAP Smartwatch Classes in Montclair Empowers Seniors with Essential Tech Skills

The highly anticipated AARP/*m*GAP Smartwatch classes kicked off this week across three bustling venues: Edgemont Park, Montclair Public Library, and Wally Choice Center. Fifteen enthusiastic senior citizens joined the first week of classes, each paired with a dedicated Navigator—volunteer coaches eager to guide them through the essential functions of their smartwatches.

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## NAACP Julian Bond Service Award

**Ann Lippel,** President of *m*GAP, was honored with the 2024 Julian Bond Community Service Award by the Montclair NAACP at the Thurgood Marshall event held this past Friday, October 11…

[Watch video of Ann's Acceptance Speech](#)



## MPL - Home Assisted Services

Did you know that the Library offers a unique, personalized service to those who cannot easily leave their homes? Home Assisted Services, or H.A.S., delivers library materials—books, audiobooks, DVDs/BlueRays, music CDs, WiFi hotspots—to those who cannot come to the Library in person.

If you or someone you know is interested in this service, contact 973-744-0500 x2232.

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## Wise Words for Wise Aging

*"Oh, the worst of all tragedies is not to die young, but to live until I am seventy-five and yet not ever truly to have lived."*

*Martin Luther King Jr.*



## *m*GAP Newsletter Archive

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