

mGAP Update Week of Dec 22, 2024

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.



Only 9 days left to

Progress Report: Our 2024 End-Year Fundraiser has now received just under **\$7,500** in contributions from **25** donors. That's promising, but if you're not one of those 25, there are still 9 days left to join them. Don't be left behind! [Here's how to catch up...](#)

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Criminals Use Generative Artificial Intelligence to Facilitate Financial Fraud

Earlier this month, the FBI warned that criminals are exploiting AI to commit fraud on a larger scale to increase the believability of their schemes ...

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10 Tips to Help You Fall Asleep Fast

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Wise Words for Wise Aging

"As we age, we learn that the true meaning of the Holidays are not found in the presents but in the love we share with one another..."



mGAP Newsletter Archive

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Montclair Gateway to Aging in Place is a 501 (c) (3) tax exempt charitable organization that survives on donations. Help us continue to serve you.

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Reach out to us at: support@montclairgateway.com