

mGAP Update Week of Apr 20, 2025

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.

Great News!

For 2025, **mGAP** has received a generous matching fund donation from a loyal supporter. Please consider donating a recurring \$5.00 a month or \$60 a year to help us secure this match.

[Click Here to Donate to Montclair Gateway to Aging in Place](#)



mGAP Board Endorses Montclair 2025 Affordable Housing Plan

Citing the need for housing that supports our diverse population, the **mGAP Board** unanimously endorses the plan. We encourage our readers to link to plan details and afterward offer comments at upcoming public meetings ...

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4th Ward Community Meeting

Councilor: **Aminah Toler**

Date: Thursday, April 24, 2025 **Time:** 6:30pm - 8:30pm
Location: Montclair Fire HQ, 1 Pine St.

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Donate Blood - Save a Life

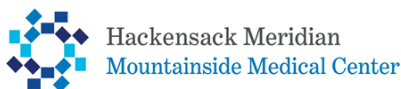
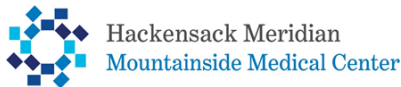
Roll up a sleeve and help save a neighbor's life -- our community blood drive urgently needs donors, not just spectators. One pint can rescue up to three patients, so your quick 15-minute visit could become someone's second chance. Reserve your appointment today and be the hero who keeps our local hospitals ready for any emergency.

Montclair Women's Club
82 Union Street, Montclair, NJ

Tuesday, May 13 - (1 - 7pm)

[Click here](#) to sign up (enter code 71133)

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Safely Dispose of Unused Medications

You're invited to our Prescription Drug Take Back Event —a collaborative effort between the Department of Pharmacy and the Glen Ridge Police Department to help our community safely dispose of unwanted or expired medications ...

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How do Social Security & Medicare work together?

Medicare and Social Security are a power duo for retirees: the moment you claim Social Security, you're automatically on the fast-track to Medicare coverage, with premiums seamlessly deducted from your monthly benefit -- no extra paperwork, no missed deadlines ...

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Wise Words for Wise Aging

"Instead of giving your blood to mosquitoes, give it to someone who needs it"

George Frole



mGAP Newsletter Archive

Want to check on an item you read in a previous Newsletter? Check out our [Newsletter Archive](#).

Montclair Gateway to Aging in Place is a 501 (c) (3) tax exempt charitable organization that survives on donations. Help us continue to serve you.

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