

mGAP Update Week of Aug 10, 2025

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.

Great News!

For 2025, *mGAP* has received a generous matching fund donation from a loyal supporter. Please consider donating a recurring \$5.00 a month or \$60 a year to help us secure this match.

[Click Here to Donate to Montclair Gateway to Aging in Place](#)



August Is *Still* “Make-A-Will” Month ... Don’t Wait Until It’s Too Late

Surprisingly, surveys show that more than half of American adults don't have a **Will**. Many people put it off, thinking they're too young, too busy, or don't have enough assets to worry about. But a **Will** isn't just about money, it's about making sure your wishes are followed, from who inherits treasured family heirlooms to who will care for minor children or pets ...

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The Newsletter Every Montclair Senior Should Read

The August 2025 version of the **Montclair Township** newsletter is now available on the website.

[Click here to view](#)

You can view all of the past newsletters and the current version [here](#).



Top Songs for Seniors born between 1940 and 1960

This list includes popular songs from the birth years (1940-1960) of people who will be between 65 and 85 years old in 2025. Remember that musical tastes vary, and these are some of the most recognizable songs from each year ...

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Wise Words for Wise Aging

"Anytime you suffer a setback or disappointment, put your head down and plow ahead."

– Les Brown



mGAP Newsletter Archive

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Montclair Gateway to Aging in Place is a 501 (c) (3) tax exempt charitable organization that survives on donations. Help us continue to serve you.

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