

mGAP Update Week of Sept 28, 2025

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.

Great News!

For 2025, **mGAP** has received a generous matching fund donation from a loyal supporter. Please consider donating a recurring \$5.00 a month or \$60 a year to help us secure this match.

[Click Here to Donate to Montclair Gateway to Aging in Place](#)



How **mGAP** Helped Seniors Reclaim Property Tax Relief in New Jersey

Many older New Jersey residents struggle with complicated tax paperwork. **mGAP** coaches under direction of **Carol Schlein, Director of SS/ST** stepped in. They helped seniors submit the NJ Division of Taxation's property tax relief applications. The results? Seniors will get back money. They avoided mistakes. They felt less overwhelmed. This article shows what **mGAP** did, why it mattered, and how the program worked ...

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PEAK Performances at Montclair State University: Special Offers for **mGAP** Readers

mGAP readers can claim a complimentary ticket for two PEAK Performances in October: **Khaïkhaṇā**: The Sound of Dancing Feet on October 9 and **Nefesh Mountain** on October 16. PEAK now offers senior discounts, lower ticket prices, and a new membership program with free tickets ...

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Donate Clothing - Toni's Closet

Your gently used clothing is repurposed to provide dignity and accessibility to a wide variety of food insecure populations. For those who are without housing or in unstable housing, Toni's Kitchen distributes warm sweatshirts, socks, and outerwear regularly after our soup kitchen meal. They also regularly provide families with free clothing distributions during grocery distributions ...

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Van Vleck Gardens Events/Classes

Enjoy free or low-cost events made for seniors: gentle garden walks, music in the open air, hands-on classes, talks, seasonal celebrations. Relax, breathe fresh air, connect with neighbors, and discover beauty in every corner. Your next outing might be closer than you think ...

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Wise Words for Wise Aging

"Wrinkles mean you've laughed, gray hair means you've cared, and scars mean you've lived."



mGAP Newsletter Archive

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Montclair Gateway to Aging in Place is a 501 (c) (3) tax exempt charitable organization that survives on donations. Help us continue to serve you.

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