



## mGAP Update Week of Sept 29, 2025

This **mGAP** newsletter includes timely updates for Montclair's community of older residents.

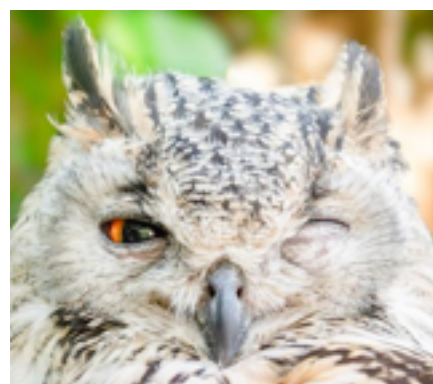
**\*\*\* SPECIAL EDITION \*\*\***



### Last Call for Paper Checks: Social Security Moves to Direct Deposit

Starting **October 1, 2025**, the Social Security Administration will no longer send **paper checks**. All payments will be made electronically through direct deposit or a Direct Express® Debit Mastercard®. If you **still receive paper checks**, act now to set up your preferred electronic payment method to avoid payment delays ...

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### Wise Words for Wise Aging

*Franklin D. Roosevelt viewed Social Security as a "cornerstone" of his New Deal and the foundation of a greater security for all Americans. His key messages focused on alleviating the "**fear and worry**" of poverty in old age and providing a safety net for those who, through no fault of their own, fell on hard times.*



### mGAP Newsletter Archive

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